introducing Alkalark

Item # 811035

FDA Registered device gives you cleaner, less acidic, healthier water right in your own home in 3 minutes!"

- Feel More Energized!
- Boosts Your Antioxidant Defenses!
- Helps Your Body Eliminate Toxins
- Hydrates Cells and Helps them to Function Better!

It’s a simple fact; most people are highly toxic, dehydrated, acidic and lack minerals in their diet – not a healthy situation, and one that can damage cells and tissues.

GOOD NEWS! A simple technology, developed by an Oxford University PhD, can change that.

Alkalark is FDA registered as a medical device. Pour clean water (filtered or spring water) into the container and in 3 minutes you will have:

- alkalized water, increasing the pH balance in your body and reducing acidity
- reduced water, giving your body powerful antioxidant capacity
- structured water, reducing the cluster size for maximum absorption of water and nutrients
- mineralized water, allowing these vital nutrients to quickly enter your body

These 4 actions cleanse the body internally and prepare it to receive optimal benefit from our powerful nutrients and skin care products.

Alkaline = pH Balance

An acidic body is prone to disease. The typical diet, around the world, is very high in acidic foods. Add the stress of everyday living, the pollution of air and water, and the result is a very unhealthy acid environment. Just as acid rain reduces the pH balance in lakes and rivers, thereby destroying their fragile ecology, the acidity in our body damages cells and tissues. Drinking alkalized water can immediately improve the health of the body by aiding toxin elimination and increasing the pH balance of the body.

Reduced Water = Antioxidant Protection

Alkalark produces “Reduced Water” which contains active hydrogen ions, that act as powerful antioxidants in your body. The ions help eliminate oxygen free radicals that contribute to the development of illness and ultimately are responsible for the aging process.

Structure = Hydration

Seventy percent of the earth is covered by water. A newborn baby is made of 70% water; a fifty year old person contains only about 50% water. Most water in our body (about 70%) should be inside our cells. Unfortunately most people have only about 50% or less inside of the cells, the rest is outside of the cells. In other words a person can be dehydrated and retain water at the same time. To complicate the issue is the fact that our cells have “portals” to let water in. These portals are much smaller than the water that we drink.
Water does not exist as a single molecule, rather it exists as clusters. Experts believe that in the past water was made of five and eight molecule clusters, because this is the size of the “portals” in the cell membranes. However, due to the electromagnetic changes in our environment, the size of the water cluster has increased to between 20 and 30 molecules. Consequently, as a person drinks this large cluster water, it does not get easily absorbed, and the water at times sloshes in the stomach, making it uncomfortable to drink.

Alkalark changes regular water into smaller clusters which increases the flow of water into the cells, resulting in proper hydration, increased nutrient delivery, increased toxin removal, improved energy and overall health.

A healthy cell that is hydrated can be compared to a grape and a dehydrated cell can be compared to a raisin. A “grape” cell has a smooth skin, is plump, and full of vitality, the internal structures move freely within the cell. The “raisin” cell is void of vital energy, the internal structures stick, and the external skin is wrinkled. When this occurs the water has moved outside of the cell and is accumulating there, pressing further on the cell, and increasing tension and swelling.

Mineralized = Nutrition

Alkaline mineralized water will supply your body with essential minerals. These minerals contribute to the alkalizing of the water. Our foods lack many of these vital minerals and, although you may need more minerals from your diet or supplements, drinking alkaline mineralized water is a very good start.

The following conditions have been studied using Alkaline Reduced Water:

- Constipation and Offensive Odor
- High and Low Blood Pressure
- Adult Obesity
- Uric Acid, Abnormal Calcification and Osteoporosis
- Toxemia of pregnancy and Health of Fetus
- Atopic Dermatitis

Alkalark is a portable Medical device that is made to be used everywhere you go:

- home
- school
- work
- vacations
- before & after exercise
- for your pets

Alkalark will provide the most healthful drinking water available, and it takes less than 5 minutes.

www.naturscience.com
Alkalark FAQ

The Relation Between Alkaline Reduced Water and Our Body

What is the difference between normal water and Alkaline Reduced Water?
The filtered water we usually drink merely removes harmful substances such as heavy metals and other organic materials such as bacteria and germs.

Once you pour this kind of normal drinking water into Alkalark, the water is converted into Alkaline Reduced Water containing rich minerals and antioxidant protective hydrogen ions. Also Alkaline Reduced Water has small clustered molecules, which are absorbed into our body faster and is a healthier source of water.

What amount of Alkaline Reduced Water do we need to take a day for it to make us healthier?
The amount depends on the body weight. For an average adult it is recommended to drink 64 ounces (8 glasses, 8 ounces each) per day.

Can a person with edema drink Alkaline Reduced Water?
The reason a person becomes swollen or gains weight with normal water consumption is because their body system cannot excrete fluid properly due to poor metabolism. Therefore, it is best to take small amounts of Alkaline Reduced Water throughout the day. Note: Edema can be a sign of serious illness. It is recommended you seek the advice of a health care provider.

Can a pregnant woman or newborn baby drink the Alkaline Reduced Water?
Yes. The amniotic fluid of the pregnant woman is alkaline. It is recommended that pregnant women and nursing mothers also drink the Alkaline Reduced Water, because they are apt to lack alkaline minerals such as calcium. Also, powdered milk or dry formula can be mixed with the Alkali Reduced Water when feeding a newborn baby.

Is it good for seniors and weak individuals to drink Alkaline Reduced Water?
Yes. It is the best water to drink for eliminating toxins and free radicals, the substances that cause aging and disease. This water, which contains active hydrogen, is essential and very suitable for the weak and elderly.
Alkalark FAQ (con’t)

How to use the Alkaline Reduced Water

Is it advisable to pour tap water into the Alkalark?
No, although tap water can also be changed to mineral Alkaline Reduced Water, tap water can contain heavy metals and other corrosive components. It is recommended to use filtered or bottled water for Alkalark. This will extend the life of the unit. Note: Alkalark is not a filter.

Is it ok to use hot water with Alkalark? Is it ok to boil Alkaline Reduced Water and then drink it?
It is recommended to use room temperature water in the Alkalark. Hot water may shorten the expected life span of the Mineral container. The hydrogen content may be reduced once you boil the Alkaline Reduced Water even though the alkaline is maintained. So it is recommended to drink the water while it is cool or room temperature.

Can Alkaline Reduced Water be used to make hot beverages (coffee and tea)?
Yes, you can boil the Alkaline Reduced Water to make coffee and tea. With the high extraction rate of tea affected by the Alkaline Reduced Water, it is best to use a smaller amount of tea or steep for a shorter period of time to extract the tea. For green tea, it extracts very well even with cool water so it is easy to make green tea that will be cool.

Is it ok to put the Water from the Alkalark container into a different bottle and drink it?
It’s not recommended to do so, because the active Hydrogen may evaporate. As the Alkalark is designed to keep the water soaked in minerals at all times, you will always be able to drink Alkaline Reduced Water rich with active Hydrogen.

How to prepare the Alkaline Reduced Water

Is it enough to cleanse it once a week?
Yes, it should be cleansed once a week with the provided cleanser. The cleansing should not exceed more than 30 seconds, once it exceeds more than one minute, the life span of the minerals may be shortened. However, it is suggested that the Alkalark container be rinsed daily and the mineral container be washed out in running water every day.

What happens when Alkalark is not cleansed as instructed?
Alkalark produces Mineral Alkaline Reduced water through the process of reducing and oxidization. In this process the minerals make the water alkaline, but the minerals themselves are oxidized, forming oxidized waste membranes. Without cleansing the effectiveness of the minerals will be reduced.

How to cleanse the mineral container?
1. Drop the mineral container straight into the Alkalark.
2. Add 1/2 inch of water to the bottom of the Alkalark (should not touch the mineral container).
3. Fill the dropper with the cleanser approximately 1/3 full, squeeze into the container. Repeat 2 times.
4. Swirl the water with the cleanser around the elements for no more than 30 seconds. The water will turn charcoal colored.
5. Rinse it out with water thoroughly.