



introducing **LimuPlex®**

Natural support for
energy, immunity &
optimal health.



8 important & unique advantages

1 immune system support

In the age of “super bugs” and stress-related illness, a healthy immune system has never been more important.

Limu; The Longevity Vegetable. LimuPlex® contains the combined immune enhancing power of Limu and Colostrum, two of nature's most perfect foods, as well as other immune enhancing nutrients.

People of the South Pacific have been consuming Limu (Brown Seaweed) for centuries and attribute their longevity and good health to this sea vegetable. Science has verified their folklore. Limu is a storehouse of vitamins, minerals, detoxifiers and glyconutrients. One of the most important recent discoveries, **fucoidan**, is an extraordinary immune enhancer.

Colostrum; Nature's First Food. All mammals create colostrum when they give birth. This “mother's milk” contains the mother's immune history, providing the newborn with immune protection immediately upon nursing. Colostrum also contains growth factors which are key nutrients essential for growth, regeneration and repair of the body.

Science has verified that the immune and growth factors are bio-available to humans who consume first milking whole bovine colostrum.

The Super Combo. The combination of these two perfect foods balance, strengthen and support healthy immune function.

2 cardiovascular health

Stress, poor diet and sedentary lifestyles are common today. It's no wonder why heart disease remains the number one killer. Obviously, positive lifestyle changes can help reverse the problems, but nature has created a cavalry to come to the rescue, antioxidants. LimuPlex® contains a variety of antioxidants, each playing a key role in cardiovascular health. Grape skin and grape seed extracts are a rich source of powerful Polyphenols, Resveratrol and Anthocyanins. Along with these extracts, LimuPlex® contains Cranberry and Elderberry, which provide additional antioxidants. Antioxidants neutralize free radicals, the main cause of cellular and organ damage.

3 hormonal balance

The hormonal or endocrine system controls everything from hot flashes to testosterone levels, from metabolic function to repair and regeneration cycles of our cells. As we age, the hormonal levels change and the ability to repair and regenerate is reduced. Colostrum contains FGF & IGF-1 and other growth factors that help balance the hormonal system and aid in supporting the repair process in the body.

4 gastrointestinal health

Stomach ailments are among the top complaints from patient to doctor. Over 70% of the immune system resides in the gastrointestinal tract. The immune components of LimuPlex® alone are a tremendous aid to gastrointestinal and urinary tract health. IGF in colostrum promotes normal gastrointestinal function as does Fucoidan, Cranberry and Elderberry.

5 neurological system

Mood, memory and clear mental focus, these are all functions of your neurological system. In 1996, researchers discovered that 8 Essential Sugars called Glyconutrients were responsible in part for normal cell-to-cell communication. LimuPlex® is one of the few food sources for all 8 Essential Glyconutrients. The effect: improved mood, mental clarity and focus.

6 muscular/skeletal system

Osteoporosis and arthritis are just two examples of age related maladies that affect this system. Many of the nutrients in LimuPlex® help to promote healthier joints and greater physical strength. Patented Sacred Lotus Seed contains an enzyme, Methyl Transferase (MT), that helps repair protein and collagen, the building blocks of joints, muscle and bone. IGF from colostrum helps to stimulate increased lean muscle mass.

7 delivery system

LimuPlex® is a delicious Berry flavored drink. Pour one scoop of the powder into a glass, add water and watch the lightly effervescent bubbles go to work. They release the isotonic/electrolyte delivery system used in sports drinks to rapidly assimilate the nutrients into the blood stream. LimuPlex® is free of preservatives, additives, artificial colors and flavors. LimuPlex® is sweetened with Lo Han Kuo, a nutrient dense Chinese fruit.

8 nature's secrets

How can one product do so many wonderful things? Nature provides the answer. By utilizing the whole foods found in nature, and by concentrating the most powerful components and combining them in the proper amounts, we achieve a compounding effect. Every serving of LimuPlex® is designed to allow optimum absorption.

ResVida™ Resveratrol

Resveratrol is a powerful antioxidant polyphenol normally found in nature, most notably in red wine. However it is not so much the antioxidant properties of resveratrol that are responsible for its proven health benefits, it is rather resveratrol's ability to activate the Sirtuin1 gene that protects the cardiovascular system, maintains neurocognitive function and helps extend the lifespan etc. Most of the resveratrol that can commonly be purchased in health food stores originates from the root of an Asian plant known as Polygonum Cuspidatum. However this form of resveratrol is only somewhat similar to the one found in red wine, less concentrated and less effective. NaturScience however is using ResVida™, the highest and purest form of Resveratrol from Europe, which consists of the exact same resveratrol molecule that can be found in red wine.



Zeolites

Zeolites are minerals that are formed in volcanic eruptions, appearing in nature as a result of the chemical reaction between volcanic glass and saline water. Zeolites have large open spaces or cages in their structures that form channels. These channels allow the easy movement of ions and molecules into and out of the structure. Zeolites are also one of the few negatively charged minerals found in nature. The natural properties of zeolites allow them to attract to themselves and trap within themselves positively charged atoms, ions, and compounds, and can remove them from a system.

The natural zeolite 'clinoptilolite' is used in LimuPlex. This particular zeolite has been used for over 800 years in traditional medicine to improve general health in places like India, China, Japan, Russia, and all throughout Asia. In the United States this zeolite has been used in water filtration, air purification, animal feed and even in fertilizers to keep crops healthy. Today, clinoptilolite is being used as a dietary supplement, primarily for human detoxification.

LimuPlex® is a delicious-tasting, natural, preservative-free, effervescent and isotonic nutritious drink.

Enjoy the revitalizing powers of LimuPlex® with over 500 naturally occurring nutrients found in Limu Seaweed, Bovine Colostrum™ & Botanicals to support a healthy immune system and natural energy. Also contains Zeolites-natural mineral detoxifiers.

Certified FREE OF:

- BSE
- Artificial hormones
- Antibiotics

DIRECTIONS:

For best results, add 1/2 to 1 packet to 4 ounces of water or juice. Stir. Drink 30 minutes before a meal, or as recommended by a health care professional.

Supplement Facts		
Serving Size 7 g (1 packet)	Amount Per Serving	Servings Per Container 30
		% Daily Value
Calories	20	
Calories From Fat	1	
Total Fat	40 mg	
Unsaturated Fat	40 mg	
Total Carbohydrates	5.07 g	†
Dietary Fiber (Nat. Occuring)	60 mg	
Sugars	2.33 g	*
Sodium	33 mg	1%
Potassium	100 mg	3%
Proprietary Blend	1.65 g	
Cranberry Powder		*
Colostrum		*
Laminaria Japonica (Limu) Extract (40:1)		*
Elderberry Extract		*
Fucoidan Extract (85%)		*
Lo Han (Momordica Grosvenori, Fruit)		*
Malic Acid		*
Grape Skin Extract (80% polyphenols)		*
Grape Seed Extract (Vitis Vinifera) (95% polyphenols)		*
Zeolites (Clinoptilolite)		*
Lotus Seed Extract**		*
Trimethyl Glycine		*
Resveratrol (from ResVida™)		*

† Percent Daily Values are based on a 2,000 calorie diet

*Daily Value not established. **U.S. Patent # 6,602,526

Other Ingredients: Maltodextrin, Fructose, Citric Acid, Silicon Dioxide, Potassium Bicarbonate, Sodium Bicarbonate, Raspberry Flavor, Strawberry Flavor.

Over 500 nutrients and thousands of studies on its components. Here are just a few examples:

Fucoidan—the magic of LimuPlex®

The benefits of Fucoidan have been reported in over 700 scientific studies worldwide. Fucoidan has been shown to promote optimal health utilizing a variety of pathways:

Fucoidans optimize the natural killer cell (NK) function, your first line of immune defense. Fucoidan promotes a healthy immune response by increasing macrophage production, and enhancing its phagocytic activity which help the body get rid of viruses, bacteria, fungus, and parasites. (Ponce NM), (Khotimchenko luS), (Angstwurm K), (Schaeffer DJ)

Fucoidan helps to maintain healthy upper respiratory mucous membranes which, when weakened, may increase the incidence of Bronchitis, Asthma, Chronic Obstructive Pulmonary Disease (COPD) and other pulmonary diseases. (Davis TA)

Fucoidan strengthens the mucosal lining of the digestive and urinary tracts. (Mourao PA).

Fucoidan is a powerful free-radical neutralizer. (Davis TA)

Fucoidan is important for normal blood sugar level, and to support liver function. (Davis TA)

Fucoidan is important for healthy hair, nails and skin tone. (Davis TA)

Laminaria Japonica—the queen of seaweeds

Although there are many types of seaweeds around the coasts of the Pacific Ocean, it is the species Laminaria Japonica that has been shown to have the greatest healing benefits. The reason for its miraculous healing properties is its concentration of a specific fucoidan known as U-Fucoidan. Other healing compounds stored in this most beneficial seaweed are antioxidants, including polyphenols, amino acids, essential fatty acids including DHA, essential glyconutrients, organic minerals, vitamins (especially B12), live plant enzymes, alginates for detoxification of heavy metals and laminarin shown to reduce abnormal blood clotting.

Glyconutrients—the sugars that heal

The Greek word “glyco” means “sweet”. Hence, “glyconutrients” means “sweet nutrient”. (Glyconutrients are complex sugars.)

In 1996, eight glyconutrients were identified to be involved in the cellular communication processes. The essential glyconutrients facilitate cell to cell communication, support the immune system, and promote proper functioning of the nervous and endocrine system.

Glyconutrients are important factors in keeping the cardiovascular system functioning at an optimum level. They aid the body in keeping cholesterol and triglycerides in normal healthy ranges. Glyconutrients have been shown to increase endurance, enhance sexual function and reverse infertility. They also support healthy skin and promote skin firmness. (Mondoa)

Little Red Cranberries—big benefits

Cranberries naturally acidify the urine, and create an environment necessary for a healthy urinary tract, urinary bladder and kidneys. (Ahuja S),

A recent study suggests that antioxidants in cranberry extracts are beneficial for healthy cardiovascular system, immune system, and skin. (Wilson T)

Red Grape Skin & Red Grape Seeds—powerful antioxidants

Red wine has long been touted for its cardiovascular health benefits. Now, new research reveals that the grapes from which wine is made contain antioxidant compounds that may effectively lower cholesterol and triglycerides. Red wine is a rich source of Polyphenols, Resveratrol, Pterostilbene and Anthocyanins. Grapes also contain vitamin C, lutein, and zeaxanthin, compounds that are necessary for healthy heart and clean arteries. (Rimando, A. M.)

Antioxidant benefits include the following:

- Supports healthy cardiovascular system, and promotes optimal blood flow (Kiziltepe U)
- Protects DNA and RNA from free-radical damage (Fu ZD)
- Strengthens the Immune system (Cao Z), (Zhang S)
- Demonstrates a non-steroidal and anti-inflammatory activity (Evers DL), (Donnelly LE)
- Supports healthy female endocrine system (Donnelly LE)
- Provides support for proper vision (Davis TA)
- Protects brain and nerves from oxidative (free-radical) damage (Fu ZD)

Lo Han Kuo—the fruit of longevity

Lo Han Kuo fruit belongs to the melon family and is a native to Asia, where it is consumed on a daily basis. It is a rich source of glyconutrients, and it is 250 times sweeter than refined sugar, with no effect on blood sugar. (Zhongyao)

Sacred Lotus Seed*—the ancient secret of youth

Long revered in Asia for its “age-defying” qualities, this seed has been found to:

- Nourish the heart
- Maintain healthy blood flow
- Aid tranquility
- Improve sleep
- Promote healthy digestion
- Support healthy connective tissue and skin tone

*US Patent# 6,602,526

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[Lo Han Kuo](#)

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