



**Régulier** is an herbal formulation that establishes healthy elimination of toxins and free radicals to maintain a healthy balance in the body.

The natural ingredients found in Régulier have the ability to absorb and bind toxins that reside in the intestinal tract, such as:

- heavy metals
- herbicides
- pathogenic viruses
- pesticides
- mold
- free radicals

### Key Ingredients of Régulier:

**Cascara Sagrada Standardized Extract** - Considered a mild and effective herbal laxative. The main ingredients are anthraquinones, which stimulate the bowel, leading to evacuation after approximately six to ten hours. Cascara Sagrada also strengthens and tones the bowels as it helps restore it to normal function.

**Bentonite Clay** - Has the ability to absorb and bind toxins such as heavy metals, free radicals and pesticides that reside in the intestinal tract. Bentonite clay is also known as montmorillonite which has been used medicinally for centuries. According to the Canadian Journal of Microbiology, bentonite can absorb pathogenic viruses, the mold aflatoxin, pesticides and herbicides including Paraquat and RoundUp.

**Certified Organic Buckthorn Bark** - Provides relief from constipation. Increased motility helps to cleanse the colon more efficiently.

**Certified Organic Flax Seed** - The fiber in flax acts as a broom, sweeping the colon of toxic material, metabolic waste and dried mucus. Flax mucilage is a gentle, non-irritating, natural laxative and is perfect for those who have a sensitive stomach.

### Proprietary Blend:

**Certified Organic Cloves** - Helps maintain a healthy digestive tract while supporting regularity. Cloves may also help in eliminating parasites from the digestive system.

**Certified Organic Ginger Root** - Helps with digestive upsets and encourages the growth of friendly bacteria in the stomach. It also helps other herbs to become more bio-available and helps expel toxins.

**Certified Organic Slippery Elm Bark** - Soothes and reduces inflammation of the gastrointestinal tract. Its high mucilage content soothes the inflamed mucous membranes of the stomach and neutralizes excess acids in the intestines.

**Certified Organic Peppermint Leaf** - Helps alleviate digestive discomfort and bloating.

### Supplement Facts

Quantity: 100 Vegicaps

Serving Size: 2 capsules	Amt Per Serving	%Daily Value
<b>Cascara Sagrada Standardized Extract</b>	109mg	*
<b>Bentonite Clay</b>	62mg	*
<b>Certified Organic Buckthorn</b>	62mg	*
<b>Certified Organic Flax Seed</b>	47mg	*
<b>Proprietary Blend</b>	170mg	*
* Daily Value not established		

**Also Contains:** vegetable cellulose capsules.

**Directions For Use:** Take four to five (4-5) capsules before bed or as directed by your health practitioner. You should wake up with a larger than regular bowel movement. If not, increase dose one capsule next night until larger than regular bowel movement is achieved. You may have to decrease dose after a few days or once the bowel movements are achieved. Do not take if diarrhea results and continues for more than two days. If diarrhea results, decrease dose until runny stool decreases. Keep out of reach of children.

If you are pregnant or nursing, consult a physician before using this product. This product contains NO egg, dairy, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), soybeans, tree nuts, wheat (gluten), or yeast. Contains no artificial sweeteners, flavors, colors or preservatives. This product has not been evaluated by the FDA and is not intended to cure, treat, diagnose, or prevent disease.