



Endocrine Complex™ for Women

Multi-Mineral & Herbal Dietary Supplement



Endocrine Complex™ for Women provides a complete spectrum of vitamins and herbs essential to optimizing women’s health.

The unique formula in Endocrine Complex for Women offers the ideal ratio and dosage of nutrients, herbs, and antioxidants including Vitamins B2 & B6 and Folic Acid.

The iron-free formula also includes herbs such as Black Cohosh, Dong Quai, and White Peony to help maintain:

- female health
- energy
- hormonal balance
- healthy mood

Key Ingredients of Endocrine Complex for Women:

Vitamin C- Three forms of vitamin C in combination with Citrus Bioflavanoid Complex for enhanced absorption. Vitamin C is essential for collagen formation and aids in immune function.

Vitamin E – All eight forms of vitamin E offer superior antioxidant protection, circulation support, and strengthen blood vessels, increasing fibrinolytic activity.

Vitamin B6 – is important for cellular function. Helps relieve symptoms of PMS. Necessary for the production of neurotransmitters that regulate memory and mood.

Folate – Important for reproduction and prevention of neural tube defects, supports heart health, and important for neurotransmitter production in the brain. Also good for joint and cellular health.

Black Cohosh Root Extract (std. to contain 2.5% triterpene glycosides) – The single best-studied herb for menopause, it is shown in studies to help with peri-menopausal symptoms such as hot flashes, vaginal dryness and mild mood swings.

Dong Quai Root & Peony Root – A common pairing to support healthy monthly cycles and for mild symptoms of PMS.

Soy Isoflavone Extract (std. to contain 10% isoflavones) – Phytoestrogens should be incorporated into a woman’s diet from early age to help decrease menopausal symptoms as well as the occurrence of hot flashes. These phytoestrogens nourish and tone the female glandular and organ system, and improve blood flow to the female organs.

Supplement Facts

Quantity: 90 Capsules

Serving Size: 1 capsule	Amt Per Serving	%Daily Value
Vitamin A (as caromix, mixed carotenoids)	2500iu	50%
Vitamin C (as ester c, calcium ascorbate, and ascorbic acid)	60mg	100%
Vitamin E (as mixed tocopherols)	60iu	200%
Vitamin D (as cholecalciferol)	200iu	50%
Thiamin (as thiamin mononitrate)	20mg	1333%
Riboflavin (as riboflavin 5 phosphate)	20mg	1176%
Niacin (as inositol hexanicotinate)	25mg	125%
Vitamin B6 (as pyridoxal 5 phosphate)	20mg	1000%
Folate (as folic acid)	400mcg	100%
Vitamin B12 (as methylcobalamin)	200mcg	3333%
Biotin	300mcg	100%
Vitamin B5 (as pantothenic acid)	40mg	400%
Inositol	30mg	*
Choline (as choline bitartrate)	20mg	*
Para Amino Benzoic Acid	20mg	*
Black Cohosh Root Extract (std. to contain 2.5% triterpene glycosides)	40mg	*
Dong Quai Root	30mg	*
Peony Root	20mg	*
American Ginseng Root	20mg	*
Horsetail Extract (std. to contain 7.5% silica)	20mg	*
Chasteberry Fruit	20mg	*
Soy Isoflavone Extract (std. to contain 10% isoflavones)	20mg	*
Green Tea Extract (std. to contain 50% polyphenols)	20mg	*
Grape Skin	15mg	*
Citrus Bioflavanoid Complex (citrus limonium, citrus paradisi, citrus sinensis)	10mg	*
Mixed Tocotrienol Complex	10mg	*

* Daily Value not established

Also Contains: polysaccharides (vegetarian capsule), microcrystalline cellulose, rice powder, magnesium stearate, silicon dioxide.

Allergy Information: This product contains soy.

Directions For Use: Take one (1) capsule one to three (1-3) times a day with meals or as directed by your healthcare professional. Keep out of reach of children. If you are pregnant or nursing, consult a physician before using this product.

If you are pregnant or nursing, consult a physician before using this product. This product contains NO egg, dairy, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), tree nuts, wheat (gluten), or yeast. Contains no artificial sweeteners, flavors, colors or preservatives. This product has not been evaluated by the FDA and is not intended to cure, treat, diagnose, or prevent disease.