

# Nutrition Facts XB-Fit Nutritional Supplement

Serving Size: 1 fl oz (30 ml)

Servings Per Container: 2

Amount Per Serving		% DV
Calories	20	
Total Fat	0 g	
Total Carbohydrate	5 gm	2%
Sugar	5 gm	

	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	2500 IU	50%
Vitamin C (as ascorbic acid)	300 mg	500%
Vitamin E (as d-alpha tocopheryl acetate)	60 IU	200%
Thiamin (as thiamine hydrochloride)	1.5 mg	100%
Riboflavin (as riboflavin U.S.P.)	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)	15 mg	1500%
Folate (as folic acid)	800 mcg	200%
Vitamin B <sub>12</sub> (as cyanocobalamin)	75 mcg	2500%
Biotin (as d-Biotin)	300 mcg	100%
Pantothenic Acid (as calcium d-pantothenate)	10 mg	100%
Selenium (as selenium amino acid chelate)	140 mcg	200%
Taurine	1000 mg	**
Inositol	50 mg	**



Plant mineral blend : 300 mg  
 Antimony, barium, beryllium, bismuth, boron, bromine, cadmium, calcium, carbon, cerium, cesium, chloride, chromium, cobalt, copper, dysprosium, erbium, europium, fluoride, gadolinium, gallium, germanium, gold, hafnium, holmium, indium, iodine, iridium, iron, lanthanum, lithium, lutetium, magnesium, manganese, molybdenum, neodymium, nickel, niobium, osmium, phosphorus, platinum, potassium, praseodymium, rhenium, aluminum, rhodium, rubidium, ruthenium, samarium, scandium, selenium, silicon, silver, sodium, strontium, sulfur, tantalum, tellurium, terbium, thallium, thorium, thulium, tin, titanium, tungsten, vanadium, ytterbium, yttrium, zinc, zirconium

\*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: water, liquid sugar, mangosteen juice concentrate, natural flavors, green tea extract, fruit and vegetable extracts (Carrot, chokeberry, blackcurrant, elderberry, hibiscus, blueberry, apple, lemon), acai extract, natural preservatives (citric acid, potassium sorbate)